

CASE REPORT

Diffuse Pancreatic Lesion Mimicking Autoimmune Pancreatitis in an HIV-Infected Patient: Successful Treatment by Antiretroviral Therapy

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ABSTRACT

Context Pancreatitis is a common complication of acquired immunodeficiency syndrome. The most common causes of acute pancreatitis in an HIV population are medication and opportunistic infections. **Case report** We report the case of a young, untreated, HIV-infected female who presented with acute pancreatitis of unknown origin. Unique to this case are the autoimmune pancreatitis-like features on imaging studies associated with renal mass-like lesions and lymph node involvement as well as the favorable outcome using highly active antiretroviral therapy alone. **Conclusion** In HIV-infected patients, acute pancreatitis may present on imaging studies as autoimmune pancreatitis. In patients with uncontrolled HIV infection and imaging studies suggestive of autoimmune pancreatitis, direct HIV-related inflammation should be considered after exclusion of all other causes of pancreatitis.

INTRODUCTION

Pancreatitis is a relatively common cause of morbidity in HIV patients, the acute form being more prevalent in this population as compared to the general population and most frequently attributed to HIV-related medication or opportunistic infection [1, 2, 3]. Acute pancreatitis directly related to HIV infection has only seldom been reported, mostly in primary HIV infection [4, 5, 6, 7]. Moreover, multimodal imaging features suggestive of autoimmune pancreatitis have not specifically been reported in HIV-infected patients.

CASE REPORT

A 27-year-old Congolese woman, known to be HIV positive, presented at our outpatient immunodeficiency clinic for epigastric pain radiating to the back, nausea, anorexia and weight loss of three weeks duration. The patient had also recently had bouts of vomiting but did not mention diarrhea or fever. The patient had a poor compliance to HIV medications, and she had stopped

antiretroviral treatment for 6 months. The plasma viral load was 75,640 copies RNA/mL and the CD4 count was 147 cells/mm³ (reference range: 288-1,500 cells/mm³). Other pathological laboratory data included lipase 630 UI/L (reference range: 0-75 UI/L), CRP 4.2 mg/dL (reference range: 0-1 mg/dL) and, polyclonal gamma-globulin 2.27 g/dL (reference range: 0.80-1.35 g/dL) with total IgG 2,610 mg/dL (reference range: 650-1,500 mg/dL). Liver tests, and calcium and triglyceride levels were within the normal range. Serological tests for HBV, HCV, toxoplasma and syphilis were negative. EBV and CMV serologies were positive for IgG and negative for IgM. There was no history of previous pancreatitis, smoking or alcohol abuse.

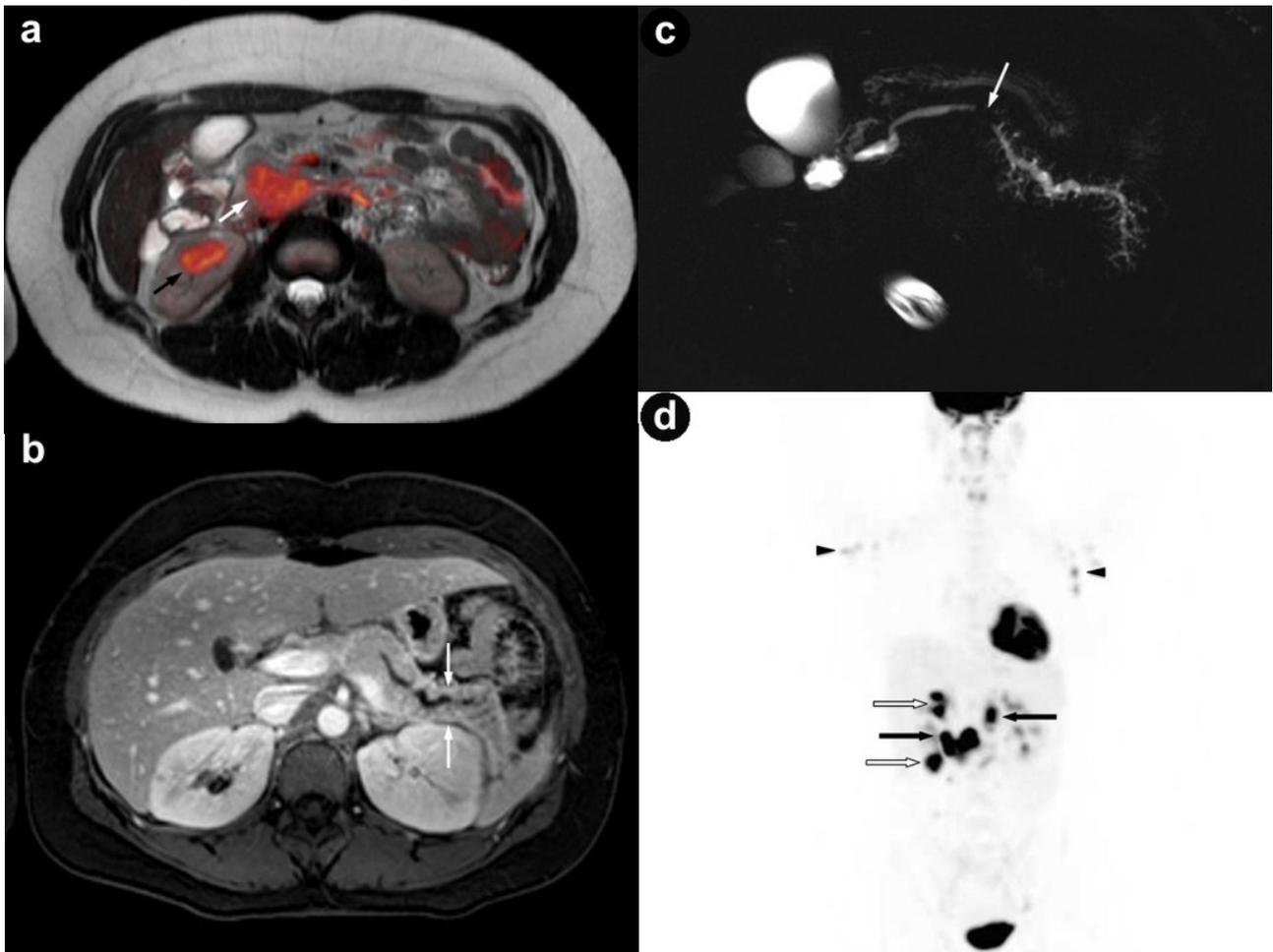
Contrast-enhanced MRI and diffusion-weighted imaging showed: a) an enlarged pancreas associated with highly restricted diffusion and delayed enhancement of the pancreas parenchyma as well as capsule-like peripheral enhancement in the late venous phase; b) main pancreatic duct strictures and chronic pancreatitis changes, suggesting possible autoimmune pancreatitis or a diffuse inflammatory process (Figure 1abc). Multiple mesenteric lymph nodes and two right renal mass-like lesions were also evidenced. ¹⁸F-fluorodeoxyglucose positron emission tomography/computed tomography (FDG-PET/CT) showed hypermetabolic activity within all lesions seen on MRI as well as less intense hyperactivity at the level of enlarged bilateral axillary lymph nodes (Figure 1d).

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Figures 1. a. Fusion of axial MRI T2-weighted spin-echo and diffusion-weighted images showing high-intensity focal lesions in the pancreatic head (white arrow) and in the right kidney (black arrow). b. Late venous phase of contrast-enhanced axial MRI T1-weighted gradient-echo image showing a diffusely enhanced and enlarged pancreas with a high intensity capsule-like rim (arrows) as well as dilatation and side branch ectasia of the main pancreatic duct. c. MRCP image revealing a long segmental stricture (arrow) as well as dilatation and side branch ectasia of the main pancreatic duct. d. FDG-PET/CT showing multiple localizations of intense abnormal radiotracer uptake corresponding to the superior and inferior pole of the right kidney (open arrows), the head and body of the pancreas (closed arrows), and the axillary regions (arrowheads).

These findings raised the hypothesis of lymphoma or tuberculosis. Endoscopic ultrasonography found a diffuse enlarged pancreatic gland and a 40 mm right renal mass. Fine needle aspiration (FNA) was performed both in the pancreas and in the kidney. Cytology showed non-specific inflammatory cells (Figure 2). IgG4-immunostaining was negative, serum IgG4 level was normal and anti-nuclear antibody was negative. Ultrasound-guided percutaneous renal biopsy was inconclusive, revealing a normal renal parenchyma. Cultures (containing a medium specific for mycobacteria and fungus) on FNA and percutaneous renal biopsy specimens were negative. Given the lack of evidence of malignancy or infection, highly active antiretroviral therapy was resumed with a regimen including tenofovir, emtricitabine and boosted darunavir. Two months later, the patient was totally asymptomatic. She had had an undetectable HIV viral load. Lipase and CRP were within the normal range, and abnormal findings on MRI and FDG-PET/CT had totally disappeared at the level of the pancreas and were almost entirely normalized in the other sites (Figure 3).

DISCUSSION

This case report illustrates an inflammatory process which involved the pancreas, the kidney and the lymph nodes, and which was presumably a direct consequence of HIV infection.

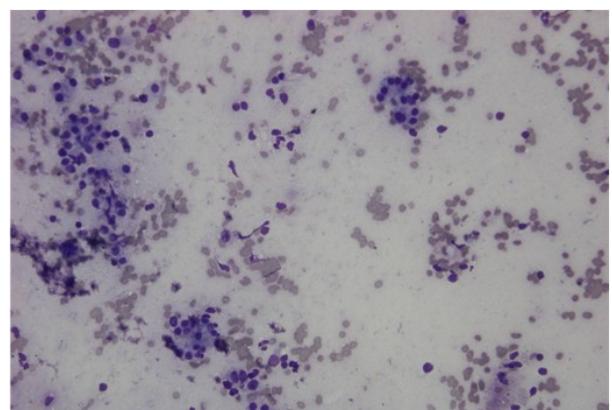


Figure 2. Cytological specimen (Diff-Quick staining; magnification x200) of the pancreatic head mass showing a few non-specific inflammatory cells (lymphocytes and neutrophils).

The incidence of acute pancreatitis among HIV-positive patients is higher than in the general population [1, 2], and the risk increases with the progression of the HIV infection [8, 9]. In addition to the common causes of acute pancreatitis, the differential diagnosis in HIV-infected patients includes the side effects of the medication (the most frequent) and opportunistic infections [3]. Acute pancreatitis directly due to HIV has been suggested in a few reports, mostly in the context of primary HIV infection [4, 5, 6, 7].

In HIV-infected individuals, abdominal MRI [10], CT or ultrasonography [11] may show non-specific features of acute or chronic pancreatitis. Typical pancreatic MRI findings of autoimmune pancreatitis include focal or diffuse pancreatic parenchyma enlargement, delayed contrast enhancement, a high-intensity capsule-like rim (rim sign) and mild dilatation of the main pancreatic duct with focal or diffuse narrowing [12]. To our knowledge, the rim sign has never been described in HIV-related pancreatitis. Diffusion-weighted imaging has been reported to help in the differentiation between normal tissue, cancer and autoimmune pancreatitis [13, 14]. In addition, functional imaging of autoimmune pancreatitis using FDG-PET/CT has been reported to be useful in diagnosing the condition and monitoring the therapy [15, 16].

Even if MRI findings and the high polyclonal IgG level found in our patient were sufficient to fulfill the diagnostic criteria of autoimmune pancreatitis according to the Japan Pancreas Society [17], we considered this diagnosis very unlikely. Sugumar *et al.* recently described two different histopathological and clinical subtypes of autoimmune pancreatitis [18]: type I (lymphoplasmacytic sclerosing pancreatitis) which is an IgG4-related disorder more prevalent in elderly males and potentially associated with multiple-organ involvement, and type II (idiopathic duct-centric pancreatitis or autoimmune pancreatitis with granulocyte epithelial lesions) which is not IgG4-related, more prevalent in young adults in Western countries and only sometimes associated with inflammatory bowel disease. However, these two entities are similarly responsive to glucocorticoids. Our patient had lymph node and kidney involvement but no signs of IgG4-related disease (either in serum or on immunocytochemistry). Moreover, complete resolution with highly active antiretroviral therapy alone without any glucocorticoid therapy did not support the theory of autoimmune pancreatitis. In addition, no case of autoimmune pancreatitis has ever been published regarding HIV-infected patients.

The imaging studies carried out on our patient were also suggestive of lymphoma, the most common neoplastic disease in HIV-infected individuals [19]. Primary and secondary pancreatic lymphomas may present as acute pancreatitis with autoimmune pancreatitis-like imaging features [20]. Moreover, extra-pancreatic involvement, such as lymph node or

mass-like renal lesions, may also be associated with either lymphoma [21] or autoimmune pancreatitis [22]. Interestingly, complete remission on highly active

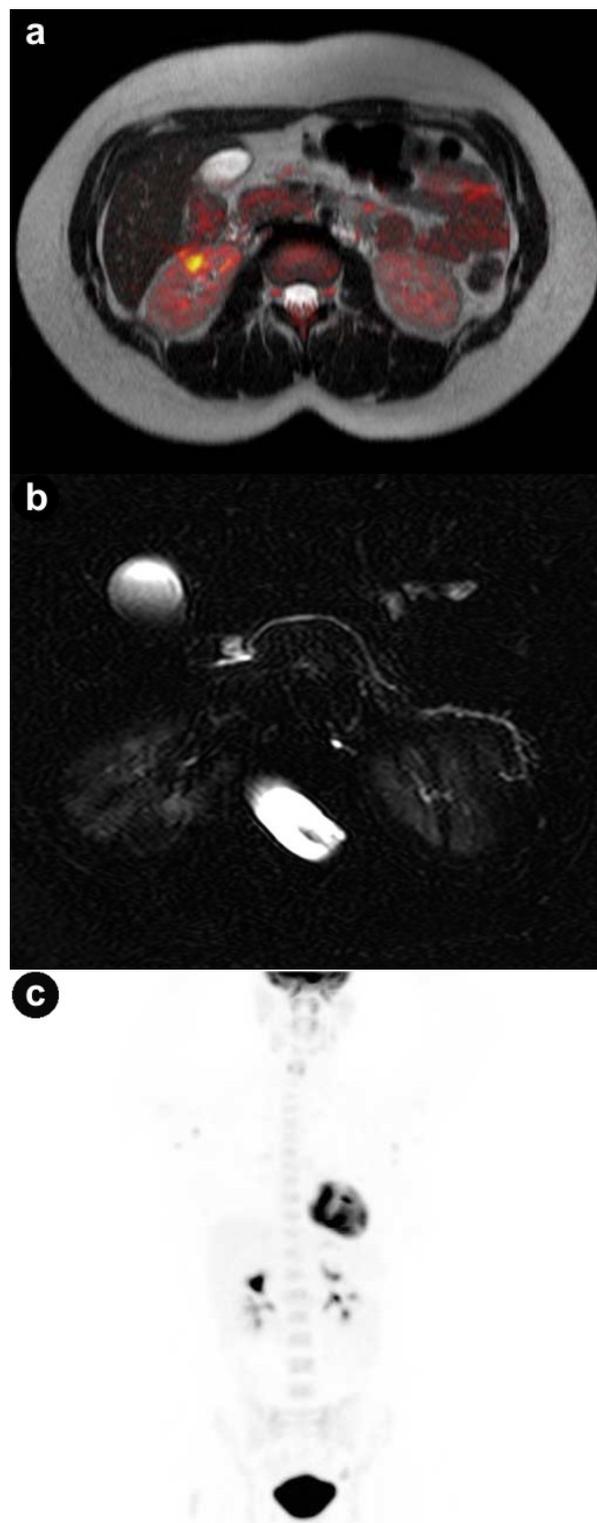


Figure 3. Image following highly active antiretroviral therapy. **a.** Fusion of axial MRI T2-weighted spin-echo and diffusion-weighted images showing complete resolution of the pancreatic lesions and dramatic regression of the right kidney lesion. **b.** Axial MRCP showing improvement of the main pancreatic duct abnormalities. **c.** FDG-PET/CT revealing slight residual radiotracer uptake in the axillary lymph nodes.

antiretroviral therapy alone has been reported in one patient with EBV-positive HIV-associated lymphoproliferative disease [23] and in two other patients with HIV-associated lymphoma, one EBV-negative [24] and one EBV-positive [25]. However, no investigations carried out on our patient confirmed a diagnosis of lymphoma.

Because of the exclusion of any opportunistic infection, side effects of the medication or malignancy and, given the complete resolution of the clinical abnormalities after highly active antiretroviral therapy re-initiation, our case most probably corresponds to an episode of systemic inflammation involving the pancreas, kidney and lymph nodes which was directly related to HIV replication.

Of note, Aboulaflia [26] highlighted the potential implication of HIV in inflammatory processes by reporting the case of an HIV patient presenting with a mesenteric inflammatory pseudotumor associated with systemic inflammation and a high TNF-alpha serum level, all of which improved under treatment with thalidomide, a drug with immunomodulatory and anticytokine properties.

To conclude, we described the case of an HIV-infected patient presenting with acute pancreatitis and autoimmune pancreatitis features on imaging studies. In view of this case, we propose that inflammatory processes directly related to HIV replication and involving the pancreas and other organs should be considered in patients with uncontrolled HIV infection. Furthermore, HIV-related pancreatitis should be included in the differential diagnosis for patients suspected of having autoimmune pancreatitis on MRI. The pathogenesis of HIV-related inflammatory pseudotumoral processes remains to be defined.

Conflict of interest The authors have no potential conflict of interest

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