

EDITORIAL

Pancreatic Extragastrointestinal Stromal Tumors, Interstitial Cajal Like Cells, and Telocytes

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Summary

Context The discovery and subsequent ultrastructural characterization of the interstitial Cajal like cells (now called telocytes) in virtually every anatomic sites of the human body, by Laurentiu M Popescu and co-workers, have dramatically improved the understanding the function of these cells and pathogenesis of extragastrointestinal stromal tumors (EGIST). Pancreatic extragastrointestinal stromal tumors (pEGIST), phenotypically similar to pancreatic interstitial Cajal like cells, are extremely rare with an unpredictable biological behavior. **Objective** To review the clinicopathological, radiological, immunohistochemical, and therapeutic outcome data of all reported cases of pEGIST, and highlight the developments in the field of pancreatic interstitial Cajal like cells/telocytes. **Methods** A systematic review of English literature (January 2000 to July 2012) was done by using the search engine of PubMed, PubMed Central, Google Scholar, and the Directory of Open Access Journals. **Results** There have been 19 reported cases of pEGIST during the last decade, over an age range of 31 to 84 years (mean: 56 years) with equal gender predilection ((male:female ratio: 9:10). Preoperative radiological characteristics have been mostly nondiagnostic though these were used, in some, for tissue diagnosis. Majority of pEGIST were localized to pancreatic head (8/19, 42.1%), and 15 of 19 patients (78.9%) were symptomatic at first presentation. The mean size ranged from 2.5 to 35cm (mean: 14 cm). Histomorphological features were that of predominantly spindle cell tumor which consistently expressed c-KIT/CD117 and CD34 by immunohistochemistry, making these two as the most sensitive markers at this site. Results from studies involving discovery on gastrointestinal stromal tumor 1 (DOG-1), the most specific biomarker of GIST/EGIST, has been inconclusive and this was found to be positive in one case only. Neoadjuvant chemotherapy with imatinib mesylate and sunitinib were used in few cases, and genetic analysis of c-KIT proto-oncogene was done in two. By univariate analysis, none of the clinicopathological parameters, except surgical resection with microscopic free margin (R0 resection) ($P<0.05$), were found to be an important indicators of outcome. **Conclusion** The biological behavior of pEGIST, at present, seems unpredictable which requires indefinite period of follow-up. Large number of such cases with genetic analysis supplemented with immunohistochemistry studies will hopefully throw more light in these tumors.

INTRODUCTION

Santiago Raman y Cajal, a Spanish neurohistologist, described specialized “interstitial neurons” in tubular gut in the year 1892 by using light microscopy, for which he shared Nobel prize in Physiology or Medicine with Camillo Golgi in the year 1906 [1]. It was not until early 1970s, when light and electron microscopic studies by M.S. Faussone-Pellegrini *et al.* reaffirmed Cajal’s observations and renamed these “neuron like cells” as “interstitial cells of Cajal”. Since then, interstitial cells of Cajal has been a pacemaker symbol for gastrointestinal motility [2, 3]. Noteworthy is the fact, the cells, which are now named interstitial cells of Cajal, were stained for the first time by Cajal in 1892 with methylene blue.

The interstitial cells of Cajal continues to appeal morphologists for its specific light and electron microscopic characteristics, physiologists as pacemaker of the tubular gut, pathologists for the motility disorders and origin of gastrointestinal stromal tumors

Received November 13th, 2012 – Accepted November 27th, 2012

Keywords Dog-1 protein, C elegans; Interstitial Cells of Cajal; Pancreas

Abbreviations CD: cluster of differentiation; CEA: carcinoembryonic antigen; CECT: contrast enhanced tomogram scan; CT: computerized tomogram scan; DOG-1: discovery on gastrointestinal stromal tumor 1; EGIST: extragastrointestinal stromal tumors; EUS: endoscopic ultrasound; FNA: fine needle aspiration; GANT: gastrointestinal autonomic nerve cell tumor; GIST: gastrointestinal stromal tumors; H&E: hematoxylin and eosin stain; HPF: high power field; MRI: magnetic resonance imaging; PDGFR- α : platelet derived growth factor-alfa; pEGIST: pancreatic extragastrointestinal stromal tumors; SMA: smooth muscle actin; US: ultrasonography; VEGF: vascular endothelial growth factor

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(GISTs), pharmacologists and oncologists for usage of imatinib mesylate and family of drugs that selectively block tyrosine kinase activity in GISTs, and the molecular biologists for specific mutations in GISTs which might influence the prognosis [4].

Gastrointestinal stromal tumors, first coined by Mazur and Clark in 1983, are the most common primary, non epithelial, mesenchymal tumors of the tubular gastrointestinal tract which arise from the interstitial cells of Cajal. These are the result of gain of function mutation of c-KIT (up to 90%) or platelet derived growth factor-alfa (PDGFR- α ; 5 to 7%) proto-oncogenes leading to ligand independent activation of tyrosine kinase protein receptors in interstitial cells of Cajal and concomitant downstream activation of signal transduction pathways [4, 5, 6, 7]. Recently, discovery on gastrointestinal stromal tumor 1 (DOG-1, also called TMEM16A/FLJ10261/ORAOV2/anoctamin 1), a calcium regulated chloride channel protein, and protein kinase C theta (a signalling molecule in T-cell activation) have been shown to be the most specific diagnostic biomarker of GISTs, though ready availability is a major concern [8, 9, 10, 11].

The most common sites of GISTs are stomach (40-70%), small intestine (20-40%), and rarely esophagus, colon, and rectum (less than 10%). A subset of GISTs arises from extragastrointestinal sites, most common being soft tissues of retroperitoneum, omentum and mesentery, and are categorized as extragastrointestinal stromal tumors (EGISTs) [12, 13, 14, 15]. While latter part of 20th century saw the “interstitial cells of Cajal cat walk” in the digestive tract, the first decade of 21st century has been devoted to the discovery and ultrastructural characterization of interstitial Cajal like cells in virtually every extragastrointestinal anatomic sites of the human body. Not surprisingly, EGISTs have been reported to arise from these sites [16, 17, 18, 19, 20, 21, 22, 23, 24]. Detailed light microscopic, transmission electron microscopy, and immunohistochemical studies have revolutionized the interstitial Cajal like cells research. Pioneers in this field are the Bucharest team led by Laurentiu M Popescu and other co-workers [16, 25, 26, 27, 28]. With this, the quite established dogma “interstitial cells of Cajal: a pacemaker symbol confined exclusively to the cavitary organs like tubular gut” has thus been overpassed!

Pancreas, a non cavitary parenchymal organ, is embryologically related to the tubular gut. However, unlike their gastrointestinal counterparts, pancreatic EGISTs (pEGISTs) are extremely rare and only sporadically reported in the world literature, with unpredictable biological behavior. The year 2004 was marked by the report of two cases of c-KIT positive stromal tumors in the pancreas: first by Yamaura *et al.* [29] from Japan and second by Neto *et al.* [30] from Brazil. In the following year, Popescu and co-workers described, for the first time, interstitial Cajal like cells in the rat and human exocrine pancreas (pancreatic interstitial Cajal like cells) by means of light

microscopic, transmission electron microscopy, and immunohistochemistry studies [25, 26]. Since then, only 19 cases have so far been reported from around the world [29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47]. Hence, in the EGIST race, pancreas remains second only to the soft tissue as the site of this group of neoplasms. Since its first characterization in 2005, pancreatic interstitial Cajal like cells are frequently been re-explored by several researchers with newer concepts in terminologies, function, and their probable associated pathologies [16, 27, 28].

This manuscript summarizes all the reported cases of pEGISTs in regard to clinical characteristic, diagnostic modalities used, pathology, immunohistochemical characteristics, management, and outcome. Furthermore the recent developments in the field of pancreatic interstitial Cajal like cells are briefly discussed.

MATERIAL AND METHODS

The selection of case reports (January 2000 - September 2012) was done at random, based on key words ‘pancreatic GISTs’, ‘pancreatic EGISTs’, ‘pancreatic interstitial cells of Cajal’ using the search engine of PubMed, PubMed Central, Google Scholar, and the Directory of Open Access Journals. Fischer exact test was employed to measure the statistical significance of different parameters for prognostication.

RESULTS

The clinical presentation, imaging modalities used for their characterization, management, pathology, and follow-up data of reported cases of pEGIST are summarized in Tables 1 to 5.

Clinical Presentation (Tables 1 and 2)

Most patients with gastrointestinal stromal tumors (GISTs) are older than 50 years at first presentation, though syndromic GISTs may occur in younger age group. Vague abdominal discomfort/pain is the most common symptom followed, next in frequency, by anemia secondary to gastrointestinal mucosal ulceration and/or intratumoral hemorrhage [7]. In this context, the gender predilection for pEGIST has been equal (male:female ratio: 9:10) with an age range of 31 to 84 years (mean: 55.6 years). Thirteen of 19 (68.5%) patients (5 males, 8 females) were older than 50 years of age at first presentation, whereas 6/19 (31.5%) (4 males, 2 females) were under the age of 50 years. Seventy-nine percent (15/19) patients were symptomatic at first presentation with pain abdomen/discomfort (n=11, 57.9%), weight loss/fatigue (n=8, 42.1), and abdominal distension (n=4, 21.1%) constituting the three most common symptoms/signs.

The spectrum of diseases causing fever of unknown origin has shown a significant change over years. Although infections still remain the most common

Table 1. Clinical characteristics, imaging modalities, management, outcome, and peculiarities, if any, of 19 reported cases of pancreatic extragastrointestinal stromal tumors (pEGIST) published in the literature (2000-2012).

ID# Age/Sex	Author, place, year	Clinical presentation	Imaging modalities	Location
#1 54/female	Yamaura <i>et al.</i> [29], Japan, 2004	Incidental finding	US, CECT, MRI, ERP, Arteriography	Tail
#2 67/female	Neto <i>et al.</i> [30], Brazil, 2004	Pain, bloating, weight loss	Not described	Body and tail
#3 70/female	Daum <i>et al.</i> [31], Czech Republic, 2005	Incidental	CECT (cyst with peripheral solid component, calcification)	Head
#4 38/female	Krška <i>et al.</i> [32], Czech Republic, 2005	Pain, fever, fatigue, raised C-reactive protein	Endosonography, transabdominal US with Doppler, CECT, gastroscopy, US guided and per-operative aspiration	Body and head
#5 72/female	Showalter <i>et al.</i> [33], USA, 2008	Incidental, lower back pain	MRI lumbosacral spine, MRI abdomen	Distal pancreas/tail, left renal cell carcinoma ^a
#6 47/male	Yan <i>et al.</i> [34], USA, 2008	Nausea, vomiting	CECT, endoscopic US with Doppler, EUS-FNA and cell block	Uncinate process
#7 55/male	Yang <i>et al.</i> [35], China, 2008	Abdominal discomfort	Giant cystic lesion, suggestive of pseudocyst/cystic tumor	Body and tail
#8 63/female	Harindhanavudhi <i>et al.</i> [36], USA, 2009	Severe anaemia, incidental flank pain, weakness, fatigue	CECT (? hemorrhagic cyst), endoscopic US guided FNA: bloody with few spindle cells	Body
#9 52/female	Trabelsi <i>et al.</i> [37], Tunisia, 2009	Pain, abdominal mass	US, CECT.	Head
#10 58/male	Goh <i>et al.</i> [38], Singapore, 2009	Incidental, weight loss, dysuria	CECT	Head
#11 42/female	Padhi <i>et al.</i> [39], India, 2010	Vague abdominal discomfort, loss of appetite and weight	CECT, MRI, ? malignant neoplasm	Body and tail
#12 31/male	Saif <i>et al.</i> [40], USA, 2010	Pain, fatigue, weight loss, anemia, icterus	CECT, MRI, PET, FNAC for metastatic liver lesions	Head
#13 61/male	Crisan <i>et al.</i> [41], Romania, 2010	Prolonged fever, sweating, weight loss, melena, intense pallor, splenomegaly	US, CECT	Tail with invasion of DJ angle and transverse mesocolon
#14 84/male	Joshi and Rustagi [42], USA, 2010	Abdominal distension, hepatic encephalopathy, weight loss, lactose intolerance	CECT, CT guided biopsy (hepatic lesions), ? mucinous cystadenocarcinoma	Whole pancreas
#15 40/male	Rao <i>et al.</i> [43], India, 2011	Weakness, pain, weight loss, fever	US, CECT, US-FNAC (abdomen and metastatic liver lesion)	Head and body
#16 74/female	Cecka <i>et al.</i> [44], Czech Republic, 2011	Abdominal mass	US, CECT, percutaneous biopsy	Tail
#17 39/male	Soufi <i>et al.</i> [45], Sweden, 2011	Subocclusif syndrome and abdominal pain	CECT	-
#18 55/male	Kim <i>et al.</i> [46], Korea, 2012	Post prandial abdominal discomfort	CECT, MRI, ? SPN/serous cystic neoplasm	Tail
#19 55/female	Babu <i>et al.</i> [47], China, 2012	Vague abdominal pain	US, CT	Head

^a stage I clear cell renal cell carcinoma

cause, the incidence of non infectious etiologies seems to have increased in recent years. With the advent of advanced imaging modalities, more number of cases of fever of unknown origin attributable to underlying malignancies has been on rise. A recent multicenter study [48] analyzed 154 patients with fever of unknown origin and in 22 (14.3%), it was attributed to an underlying malignancy. Rarely, stromal tumor and pancreatic carcinoma were reported to be the underlying pathology (1 patient each). Crisan *et al.* [42] described a unique case of EGIST arising from the tail of the pancreas which was characterized by prolonged fever (as a dominant presentation) secondary to portal vein and inferior vena cava thrombosis,

whereas in few others [31, 43] it occurred as a part of inflammatory syndrome characterized by raised C-reactive protein and erythrocyte sedimentation rate. Joshi and Rustagi [41], described a fatal case of pEGIST in an 84-year-old male who presented with markedly distended abdomen, worsening mental confusion, jaundice, elevated levels of blood ammonia, and liver transaminases suggestive of hepatic encephalopathy which was secondary to liver metastasis, a feature rarely reported in GIST/EGIST. Soufi *et al.* [45] described another unusual case pEGIST associated with pancreatic divisum (a developmental anomaly of pancreas) presenting with subocclusive syndrome and involving the colon.

Table 1. Continued.

ID# Age/Sex	Surgery	Neoadjuvant chemotherapy	Outcome	Remark
#1 54/female	DP + Sp + PG	-	NED at 30 months post-surgery	First time demonstration of CD117 positive interstitial cells of Cajal in normal exocrine pancreas, possible source of EGIST
#2 67/female	Biopsy, Fz, DP + Sp.	'Im'	Recurrence and peritoneal dissemination: 1 month post-surgery	Explosive behavior (highest mitotic rate), first case where 'Im' was used
#3 70/female	Whipple procedure, anastomosis (P-J, C-J, G-J).	'Im'	NED at 6 months post-surgery	First case with genetic analysis of c-KIT gene (deletion of six base pairs in exon 11)
#4 38/female	PP	-	NED at 30 months post-surgery	First case of pancreatic EGIST with GANT like features on electron microscopy
#5 72/female	Laparoscopic DP + Sp + left PN	'Im' ^b	NED at 27 months post-surgery	First case of synchronous EGIST and renal cell carcinoma
#6 47/male	No treatment	-	NA	First case of pancreatic EGIST diagnosed by EUS- FNAC
#7 55/male	DP + Sp, 2 nd surgery for recurrences	'Im' 400 mg od	Recurrences and peritoneal metastases 2 years post 1 st surgery; NED at 17 months post 2 nd surgery	-
#8 63/female	Explorative laparotomy, cyst drainage, cystojejunostomy, biopsy of cyst wall	Im	No definitive surgery, poor patient compliance	Second case of pancreatic EGIST diagnosed by EUS-FNA and presenting as hemorrhagic cyst
#9 52/female	HPD + A + PC	-	NED at 10 months post-surgery	-
#10 58/male	PD	-	NED at 60 months post-surgery	-
#11 42/female	DP + Sp + LHC	-	NED at 40 month post-surgery	First reported case from India, largest size reported till date (35 cm)
#12 31/male	PPPD	'Im' 400 mg od, 'Im' 800 mg od, 'Sb' 50 mg od	Liver metastases at 9 months; presently stable with 'Sb'	Youngest patient, 2 nd case of pancreatic EGIST with genetic analysis (DNA polymorphism of L862L present in exon 18 of c-KIT gene).
#13 61/male	Laparoscopic DP + Sp + TC, with T-T anastomosis, excision in V of DJ angle	-	NED at 3 months post-surgery	Pancreatic EGIST presenting as PUO with portal vein thrombosis
#14 84/male	Supportive	-	Expired on day 5 of admission	Oldest patient. Giant pancreatic EGIST with hepatic encephalopathy due to liver metastasis at presentation
#15 40/male	PD	'Im' 400 mg od	Aggressive, liver metastasis: 24 months post-surgery; PH, SD.	-
#16 74/female	DP + Sp	-	NED at 66 months post-surgery	Longest survival without recurrence or metastasis
#17 39/male	Whipple procedure + SC	-	NED at 18 months post-surgery	First case of pancreatic EGIST with pancreatic divisum and involving the colon
#18 55/male	DP + Sp	'Im' 400 mg od	NED at 4 months post-surgery	-
#19 55/female	Fz, resection, P-J, Roux-en-Y anastomosis, cholecystectomy	-	NED at 11 months post-surgery	-

^b imatinib was not offered for that case as it was not approved by United States Food and Drug Administration for use in adjuvant setting

A: antrectomy; CECT: contrast enhanced computerized tomogram scan with or without contrast; C-J: choledochojejunostomy; DJ: duodenjejunal angle; DP: distal pancreatectomy; EGISTS: extragastrointestinal stromal tumors; ERP: endoscopic retrograde pancreatography; EUS-FNAC: endoscopic ultrasound guided fine needle aspiration cytology; Fz: frozen section; GANT: gastrointestinal autonomic nerve cell tumor; G-J: gastrojejunostomy; HPD: hemipancreaticoduodenectomy; 'Im': imatinib mesylate; LHC: left hemicolectomy; MRI: magnetic resonance imaging with or without contrast; NA: not available; NAC: neoadjuvant chemotherapy; NED: no evidence of disease; od: once daily; PC: partial colectomy; PD: pancreaticoduodenectomy; PET: positron emission tomogram; PG: partial gastrectomy; PH: partial hepatectomy; P-J: pancreaticojejunostomy; PN: partial nephrectomy; PP: partial pancreatectomy; PPPD: pylorus preserving pancreaticoduodenectomy; PS: post surgery; PUO: pyrexia of unknown origin; 'Sb': sunitinib; SC: segmental colectomy; SD: stable disease; Sp: splenectomy; SPN: solid pseudopapillary neoplasm; TC: transverse colectomy; US: transabdominal ultrasonography; US-FNAC: transabdominal ultrasound guided fine needle aspiration cytology

Renal Cell Carcinoma and GIST

Synchronous occurrence of GIST with a tumor of different histogenesis is thought to be rare [49]. GIST and papillary renal cell carcinoma may occur as recurrent

familial tumors related to mutations in the proto-oncogenes, c-MET and c-KIT (both of which are tyrosine kinase receptor molecules), suggesting a common co-regulatory mechanism. It has been postulated that antecedent use of Gleevec® (imatinib

Table 2. Clinical presentation, imaging modalities used, management, and outcome of pancreatic extragastrointestinal stromal tumors (n=19).

Features	Results
Gender: male/female	9/10 (47.4/52.6%)
Age: range (mean); years - ≤50/≥50 years (within males and females)	31-84 (55.6) 6/13 (31.5/68.5%; M: 4/5; F: 2/8)
Symptomatic/asymptomatic	15/4 (78.9/21.1%)
- Pain/discomfort	11 (57.9%)
- Weight loss/fatigue	8 (42.1%)
- Mass/distension	4 (21.1%)
- Fever	3 (15.8%)
- Anemia	3 (15.8%)
- Portal vein thrombosis	1 (5.3%)
- Hepatic encephalopathy	1 (5.3%)
- Sub-occlusive syndrome	1 (5.3%)
Associations:	
- Clear cell renal cell carcinoma (left kidney)	1 (5.3%)
- Type 2 diabetes mellitus	2 (10.5%)
- Chronic Hepatitis B with cirrhosis of liver	1 (5.3%)
Localization (by imaging and/or gross):	
- Head	8 (42.1%)
- Tail	5 (26.3%)
- Body and tail	4 (21.1%)
- Uncinate process	1 (5.3%)
- Whole pancreas	1 (5.3%)
Imaging modalities used for characterization or diagnosis:	
- Abdominal contrast enhanced computerized tomogram	16 (84.2%)
- Transabdominal ultrasonography	7 (36.8%)
- Magnetic resonance imaging with contrast	5 (26.3%)
- Endoscopic ultrasonography	3 (15.8%)
- Endoscopic retrograde pancreateography/ splenic arteriography	1 (5.3%)
- Upper and lower gastrointestinal endoscopy	17 (89.5%)
- Pre/per-operative fine needle aspiration	5 (26.3%)
- Communication with main pancreatic duct/duct abnormalities	0
Abnormal serum tumor markers: CA 19-9, carcinoembryonic antigen	0
Management:	
- Surgery	10 (52.6%)
- Surgery and neoadjuvant chemotherapy (imatinib/sunitinib)	7/18 (38.9%)
- Supportive	2/18 (11.1%)
Follow-up (range: 5 days to 66 months):	
- No recurrence/metastasis	11 (57.9%)
- Recurrence/metastasis	5 (26.3%)
- Death	1 (5.3%)
- No follow-up data available	2 (10.5%)

mesylate) for prior GIST may be a potential risk factor for development of secondary papillary renal cell carcinoma [50, 51]. On the other hand, there have been sporadic reports of clear cell renal cell carcinoma associated with GIST [52, 53]. Showalter *et al.* [33] described for the first time, and the only of such kind till date, the occurrence of synchronous clear cell renal cell carcinoma (left side, stage I) and pEGIST in an elderly Afro-American female, though no genetic testing was done till last follow-up.

Imaging Characteristics (Tables 1 and 2)

The accuracy of computerized tomogram (CT) imaging to predict a malignant vs. benign cystic lesion of the pancreas ranges between 76% and 82%. The accuracy of CT determination of the histopathological diagnosis of a pancreatic cystic lesion is less than 50% [54, 55]. Contrast enhanced abdominal computerized tomogram (CECT: 16/19, 84.2%), magnetic resonance imaging (MRI T1 and T2W: 5/19, 26.3%), transabdominal ultrasonography (US: 7/19, 36.8%), and endoscopic US

(EUS: 3/19, 15.8%) [34, 37] with or without Doppler were used to localize, characterize, and delineate the tumors, for pre-operative fine needle aspiration (FNA) for diagnosis [34, 37, 43], and characterizing the associated pathology. Eight of 19 (42.1%) tumors occurred in the head of pancreas, 5 in tail (26.3%), 4 involved both body and tail (21.1%) and one occurred in the uncinate process (5.3%). Rarely (n=1, 5.3%) they did involve the entire pancreas [41]. The tumors ranged from few incidental masses to huge masses fulfilling the entire abdominal cavity. In most, the lesions were lobulated and showed heterogeneous enhancement in CECT and MRI with contrast (both solid and cystic/hemorrhagic). Padhi *et al.* [39] described the largest pEGIST (35x30x25 cm) which was hypointense in T1W MRI, hyperintense (cystic) with heterogeneous enhancement in T2W MRI (hemorrhagic and calcific foci) (Figure 1a-d). The lesions also showed variable vascularity with arterial phase enhancement of solid component [29, 34, 38, 39, 40]. The US features were that of predominantly

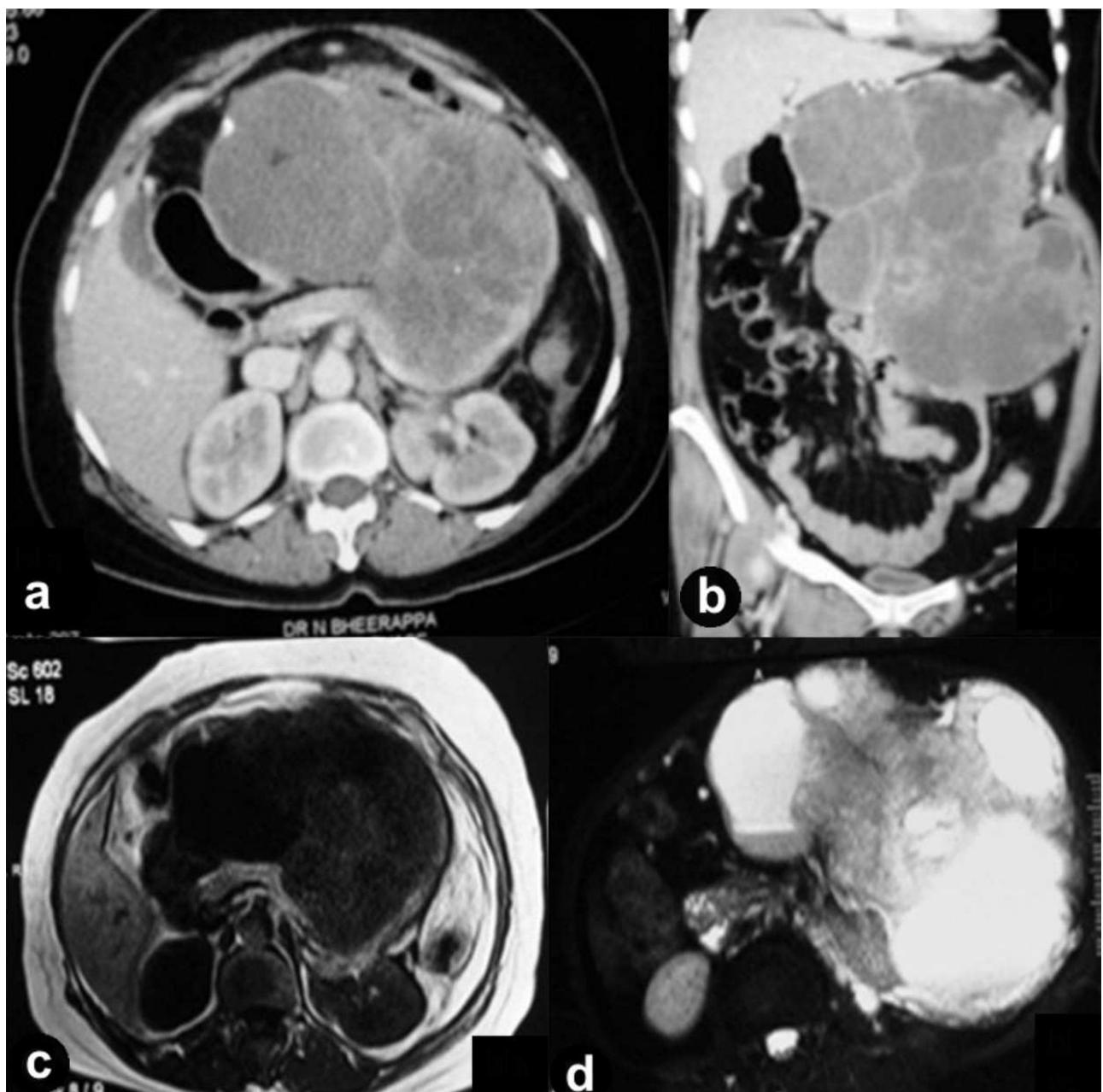


Figure 1. Contrast-enhanced computerized tomogram of the abdomen: axial (a.) and coronal (b.) sections showing a large lobulated heterogeneously enhancing mixed echogenic lesion in the region of the body and the tail of the pancreas. On magnetic resonance imaging, the mass was hypointense on T1-weighted imaging (c.) and hyperintense on T2- weighted imaging (d.).

hypoechoic (cystic/hemorrhagic/fluid like/? necrotic) masses with focal hyperechogenicities (? calcifications). However, in none there was any radiologic evidence of communication with or abnormality of major and/or minor pancreatic duct or bile duct, a feature supposed to be against the possibility of ductal adenocarcinoma [55]. Furthermore, in none tumor markers (CA 19-9 and carcinoembryonic antigen (CEA)) were found to be elevated, a finding that corroborated with the radiological findings.

Endoscopic US guided FNA (EUS-FNA) plays an important role in the diagnosis of pancreatic cystic lesions. Successful diagnosis of pancreatic lesions via FNA depends on the adequacy of the specimen. FNA

of a solid mass has higher accuracy rate compared to a cystic lesion [54]. Besides this, EUS has been a sensitive tool in delineating the tumors arising from pancreatic head and/or the adjacent duodenal wall [34, 35]. Yan *et al.* [34] reported the first case of pEGIST involving the uncinate process diagnosed by EUS-FNA. Harindhanavudhi *et al.* [37] reported the first case of EGIST in the body of pancreas, which presented with hemorrhagic cyst diagnosed by EUS-guided FNA.

Gross and Microscopic Pathology (Table 3, Figure 2ab, Figure 3a-d)

On gross evaluation, the tumors ranged from 2.4 cm to 35 cm with mean size of 14 cm. Twelve (63.2%) of 19

Table 3. Pathological characteristics of 19 reported cases of pancreatic extragastrointestinal stromal tumors (2000-2012).

Pathology	Descriptive statistics
Gross:	
- Size ^a : range (mean); cm	2.4-35 (14)
>10 cm (male/female)	12 (63.2%) (4/8)
≤10 cm (male/female)	7 (36.8%) (5/2)
Tumor composition^c:	
Solid	7 (41.2%)
Predominantly solid with cystic component	5 (29.4%)
Predominantly cystic with peripheral solid component	3 (17.6%)
Cystic	2 (11.8%)
Hemorrhage and/or necrosis	
	4 (21.1%)
Microscopy:	
- Fusiform/spindle cells in interlacing fascicles	13 (68.4%)
- Mixture of spindled and epithelioid cells	6 (31.6%)
- Pure/predominantly epithelioid cells	0
- Myxoid/cystic change/haemorrhage	5 (26.3%)
- Perivascular hyalinization	4 (21.1%)
- Nuclear pallisading	3 (15.8%)
- Inflammatory cells, mast cells (Giemsa stain)	5 (26.3%)
- Skenoid fibres (Masson-Trichome stain)	0
- Mitosis ^c (>2/≤ 50 high power field)	11/4 (73.3/26.7%)
- Necrosis	4 (21.1%)
- Nuclear pleomorphism	3 (15.8%)

^a Largest diameter on gross examination^b Gross morphology was not described in 2 cases^c Mitotic figures were not described in 4 patients

were larger than 10 cm (hence high risk category) [56] of which 8 occurred in females. Gross morphology was described in 17 cases. Majority (12, 70.6%) were purely or predominantly solid with focal cystic components, 3 (17.6%) were predominantly cystic with peripheral solid areas, and 2 (11.8%) were entirely cystic, whereas areas of hemorrhage and/or necrosis were additionally present in 4 out of 19 cases (21.1%). In only two cases (10.5%), presence of peripheral compressed pancreatic tissue was described. Rest it was not. The lesions simulated solid pseudopapillary neoplasm in one (5.2%), malignant cystic epithelial neoplasm in 3 (15.8%; 2 serous, 1 mucinous), and ductal adenocarcinoma in rest (15/19, 78.9%).

On hematoxylin and eosin (H&E) stained tissue sections, the tumors showed variable cellularity comprising exclusively or predominantly of fusiform/spindled cells in short intersecting fascicles and focal storiform pattern (most common; 13/19, 68.4%) resembling a smooth muscle tumor, whereas six tumors (31.6%) demonstrated variable admixture of spindled and epithelioid stromal cells, simulating sarcomatoid carcinoma. In 7 (36.8%), the lesions were characterized by foci of perivascular hyalinization and/or nuclear pallisading reminiscent of a neural tumor. Areas of myxoid degeneration, cyst formation, and hemorrhage were observed in 5 cases (26.3%), coagulative necrosis in 4 (21.1%), whereas 3 tumors (15.8%) exhibited moderate to marked nuclear pleomorphism. Infiltration of tumor cells with mast cells (Giemsa stain) and inflammatory cells were noted in 5 (26.3%), thus simulating inflammatory pseudotumor (myofibroblastic tumor). In contrast to gastrointestinal counterparts, pure epithelioid

morphology (so called leiomyoblastomas) and Skenoid fibers were not seen in any of the pEGIST. Using threshold values of 2 mitotic figures/50 high power field (HPF), 11/15 (73.3%) showed more than 2 mitotic figures/50 HPF, whereas 4/15 (26.7%) had 2/50 HPF or less, and in rest (4/19, 21.1%) the mitotic activity was not described.

Immunohistochemical Characteristics (Table 4, Figures 4ab)

Diagnosis of GISTs/EGISTs relies heavily on the c-KIT/CD117 immunohistochemistry staining, which can detect these tumors in most cases (up to 95%), making this antigen the most sensitive and specific means of confirming the diagnosis. Approximately 5% of GISTs are c-KIT negative and harbor PDGFR- α mutation, thus suggesting an alternate pathway of carcinogenesis [4, 5, 6].

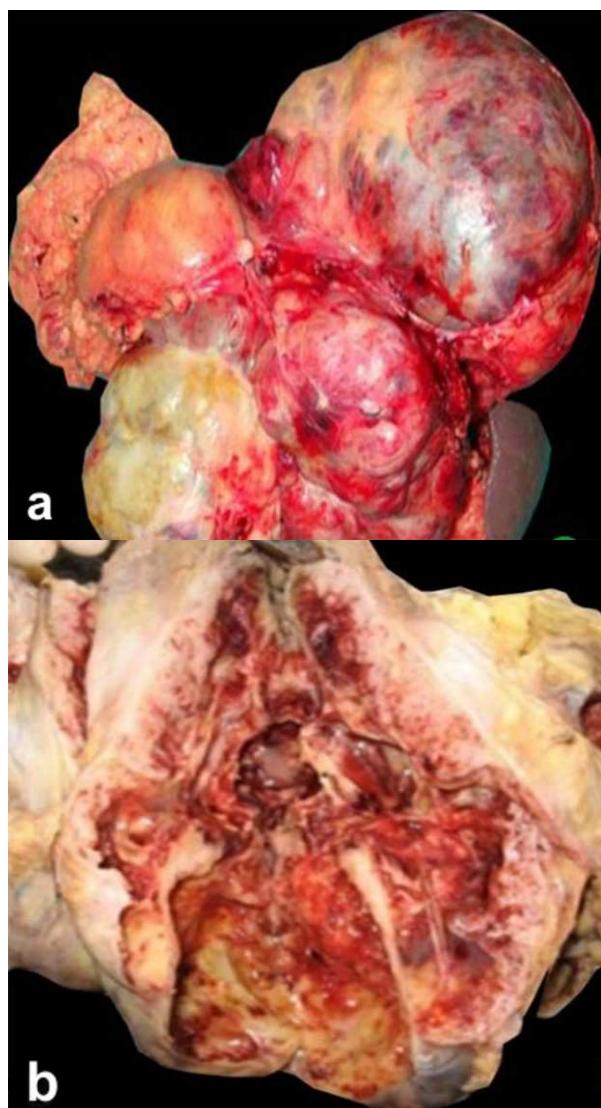


Figure 2. Gross specimen showing a large lobulated tumor in relation to the body and tail of the pancreas (a.) which showed cystic and hemorrhagic degeneration with blood clot on cut section (b.). Compressed pancreatic tissue was also evident towards the periphery of the tumor.

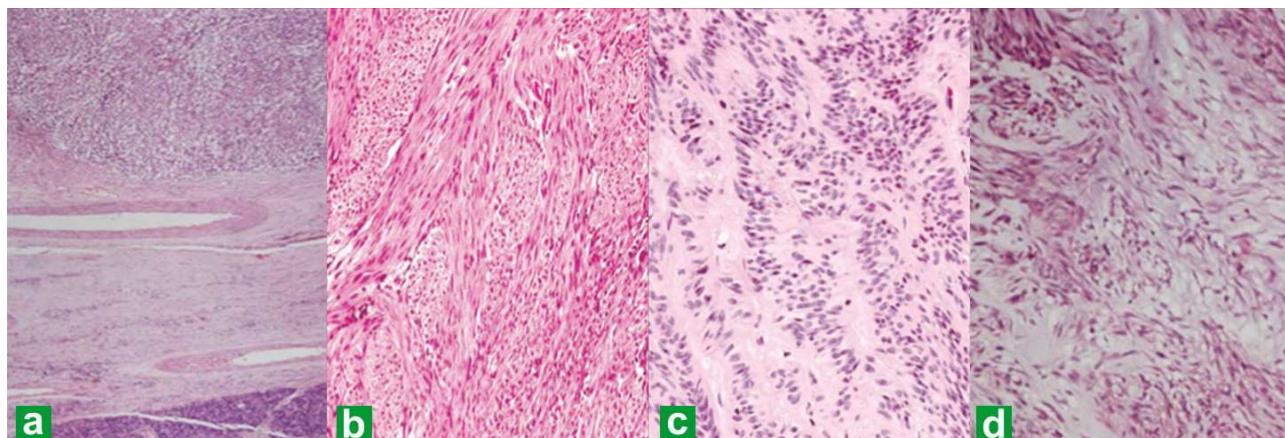
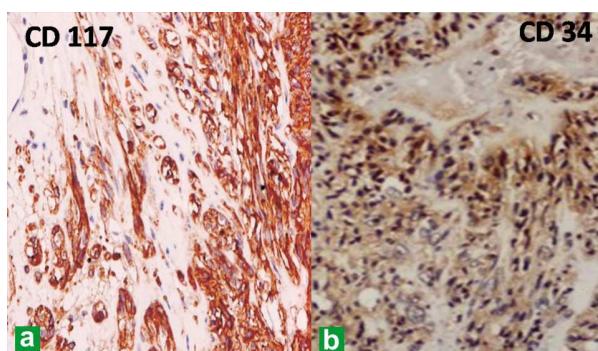


Figure 3. Photomicrographs from the tumor in the pancreas showing pancreatic tissue at the periphery and the cellular lesion (40x) (a.). The tumor showed predominantly fusiform spindle shaped cells in intersecting fascicles resembling a smooth muscle tumor (b.), with foci of nuclear paliassing reminiscent of a neural tumor (c.), and myxoid areas (d.) (H&E, 100x).



Figures 4. Immunohistochemical staining of tumor cells with c-KIT/CD117 (a.) and CD34 (b.) showing strong cytoplasmic positivity. The tumor cells were consistently negative for S-100 and α -smooth muscle actin (SMA). (Original magnification, 100x).

Immunohistochemistry findings in pEGISTs closely resembled those of resident pancreatic interstitial cells of Cajal as described by Popescu *et al.* [25] and GISTs arising from other anatomic sites. Sixteen of 19 (84.2%) pEGISTs showed strong diffuse cytoplasmic positivity for CD117/c-KIT, and 14/19 (73.7%) were positive for CD34, thus making these two as most sensitive marker at this site. The tumor cells were consistently negative for S-100 (12/12), α -smooth muscle actin (SMA, 11/11), desmin (7/7), cytokeratin (6/6), and chromogranin (2/2), a feature in contrast to other studies [15, 57, 58]. Babu *et al.* [47] recently described a case of DOG-1 positive pEGIST. Krska *et al.* [31] described a case of pEGIST which showed positivity for synaptophysin and gastrointestinal

Table 4. Immunohistochemical characteristics of normal pancreatic interstitial Cajal like cells [25], pancreatic extragastrointestinal stromal tumors (pEGIST) (n=19), and their comparison with other series.

Monoclonal antibodies used	Normal pancreatic interstitial Cajal like cells [25] ^a Positive cells (Intensity)	pEGIST (n=19) [29-47] Positive cases	Soft tissue EGIST (n=25) [15] Positive cases	GIST (n=78) [57] Positive cases	GIST (n=56) [58] Positive cases
CD117 (c-KIT)	90-100% (4+)	16/19 (84.2%)	100%	100%	ND
CD34	80-90% (3+)	14/19 (73.7%)	48%	74%	59%
Discovery on gastrointestinal stromal tumor-1 (DOG-1)	NR	Positive ^b	NR	NR	NR
Vimentin	5-10% ^c	4/6 (66.7%)	8%	0	9%
S-100	40-50% (2+)	0/12	24%	15%	23%
α -smooth muscle actin (α -SMA)	40-50% (2+)	0/11	4%	0	16%
Desmin	0	0/7	0	ND	2%
Cytokeratin	NR	0/6	ND	ND	ND
Synaptophysin	NR	1/4 (25.0%)	0	0	3%
Chromogranin	0	0/2	31	0	59%
Neuron specific enolase (NSE) [¶]	NR	NR	NR	NR	NR

^a Reproduced with permission from Popescu *et al.* [25]

^b Only in this case described by Babu *et al.* DOG-1 in pEGIST was used and it was found to be positive in the tumor cells. In rest 18 cases, DOG-1 was not used.

^c Variable positivity in tumor cells for vimentin, not for DOG-1.

ND: not documented

NR: results not reported

autonomic nerve cell tumor (GANT) like features in transmission electron microscopy studies. Positivity for neuronal markers like neuron specific enolase has been reported from GISTs involving different anatomic sites [15, 58].

Biological Behavior and Management (Tables 1 and 5)

The biological behavior of GISTs may be unpredictable and depends upon several parameters. A small number of GISTs recur or metastasize despite a histologically benign appearance (i.e., small size and absence of mitoses or low mitotic rate), and large tumor size may not imply early recurrence [55, 59]. Tumors with high cellularity, as defined by frequent areas with overlapping nuclei, mitoses, and necrosis, have been associated with a statistically higher risk of adverse outcome in several studies of both GISTs and EGISTs. The threshold level of mitotic count for adverse outcome has been as low as 2 mitoses/50 HPF in duodenum to as high as greater than 10 mitoses/50 HPF in the stomach (100% metastasis) [12]. In another study involving soft tissue EGISTs [15], cellularity (high versus low), mitosis (<2 or >2 mitoses/50 HPF), and necrosis (present or absent) were found to be important predictor ($P<0.001$) of an adverse outcome (recurrence/metastasis/death due to tumor) in univariate analysis, whereas only mitosis and necrosis were independent predictors of adverse outcome in multivariate analysis.

Surgical resection with a negative microscopic resection margin (R0 resection) is the primary mode of management in GIST. The surgical management may be of three types such as primary surgery (at the time of diagnosis), with neoadjuvant chemotherapy, or debulking type in patients with metastatic or advanced disease. Rapid advances in targeted therapies (imatinib, sunitinib, nilotinib, sorafenib, dovitinib, etc) in GIST have dramatically improved the post-operative relapse free survival and are currently advocated in those with R1 (positive microscopic margin) or R2 (gross visible tumor left behind) resection. Observation only is all that recommended in case of R0 resection [60]. Surgery with R0 resection has been the mainstay of management in pEGIST (11/19, 57.9%), whereas 6 patients (31.6%) received surgery with neoadjuvant imatinib, and one (5.3%) received neoadjuvant imatinib and sunitinib following surgery. In one patient of synchronous renal cell carcinoma and pEGIST [33], imatinib was not used as it was not approved by United States Food and Drug Administration for use in neoadjuvant setting at that time. The follow-up period ranged from 5 days to 66 months [41, 44], and 57.9% (11/19) had favorable outcome (no recurrence or metastasis), 5 (26.3%) presented with recurrence and/or metastasis, and only one patient (5.3%) had a fatal outcome. By univariate analysis, none of the clinical and pathological parameters except surgical management (R0 resection) ($P<0.05$) were found to be important indicator of outcome in these tumors.

Table 5. Pancreatic extragastrointestinal stromal tumors: association of pathologic features with outcome. (Data of patients with follow-up information are shown).

Features	Adverse outcome	P value ^a
Gender:		0.249
- Male	4/9 (44.4%)	
- Female	1/9 (11.1%)	
Age:		0.538
- ≤50 years	2/5 (40.0%)	
- >50 years	2/12 (16.7%)	
Size:		1.000
- ≤ 10 cm	2/6 (33.3%)	
- >10 cm	3/11 (27.3%)	
Gross:		1.000
- Predominantly solid	4/12 (33.3%)	
- Predominantly cystic	1/3 (33.3%)	
Mitosis:		0.254
- ≤ 2/50 high power field	0/4 (0%)	
- > 2/50 high power field	5/12 (41.7%)	
Cell morphology:		1.000
- Spindled	4/11 (36.4%)	
- Spindled plus epithelioid	1/5 (20.0%)	
Necrosis:		0.214
- Present	2/3 (66.7%)	
- Absent	3/13 (23.1%)	
Management:		0.015 ^b
- Surgery	0/10 (0%)	
- Surgery plus neoadjuvant chemotherapy	4/7 (23.5%)	

^a Fisher's exact test

^b Statistically significant

PANCREATIC INTERSTITIAL CAJAL LIKE CELLS/TELOCYTES

Yamaura *et al.* [29] demonstrated, for the first time, the presence of CD117/c-KIT positive interstitial cells in human exocrine pancreas which did not stain for methylene blue. These were speculated to be the possible cell of origin of EGIST at this site. In a landmark discovery, Popescu and his Bucharest team [25] described, for the first time, peculiar interstitial cells in human and rat exocrine pancreas by using routine light microscopy (H&E, methylene blue; Figure 5a), non conventional light microscopy (toluidine blue stained epon-embedded semi thin sections, less than 1 μm ; Figure 5bc), transmission electron microscopy (semi thin sections; Figure 6ab), and immunohistochemistry (Figure 7a-d). These cells were morphologically and immunophenotypically distinct from other interstitial cells like fibroblasts, fibrocytes, neurons, or any other mesenchymal cells, rather had phenotypic characteristics of the canonical enteric interstitial cells of Cajal. These cells which were named as pancreatic interstitial Cajal like cells are now called as "telocytes".

By nonconventional microscopy (toluidine blue) and transmission electron microscopy studies (Figures 5 and 6), these cells represent a significant proportion of cellular microenvironment in the pancreas (3.3±0.5%; β -cells, 1-2%), and show a close spatial relationship to capillaries (43%), acini and ductules (40%), stellate cells (14%), nerve fibres (3%), but unrelated to the

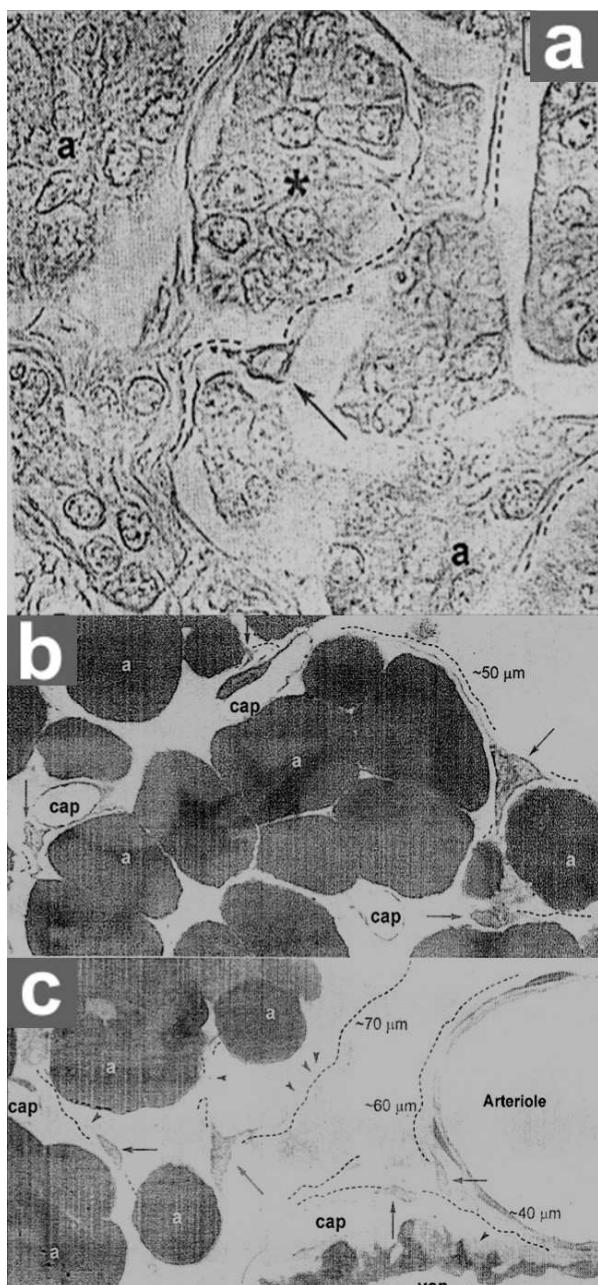


Figure 5. **a.** Conventional paraffin embedded light microscopic tissue sections of the human exocrine pancreas (methylene blue staining, 40x). In the interstitium, amongst the acini (a), note some spindle-shaped or triangular cells (arrows), with very long cytoplasmic processes (several tens of μm), made evidently by black dashed lines. Such cells could be interstitial Cajal-like cells, actually pancreatic interstitial cells of Cajal. The acini marked by asterisks appear surrounded by periacinar pancreatic interstitial cells of Cajal processes. (Reproduced with permission from Popescu *et al.* [25]). **b.** **c.** Non-conventional semi thin epon-embedded tissue sections from rat exocrine pancreas stained with toluidine blue. Numerous pancreatic interstitial cells of Cajal are present in the interstitium in between the acini (about 80). Note that only the pancreatic interstitial cells of Cajal body (arrows) and the emerging very long (20-50-100 μm), thin (less than 0.5 μm) cytoplasmic processes (black dashed lines) with characteristic “moniliform” aspect (arrowheads) are evident. (400x). (Reproduced with permission from Popescu *et al.* [25]).
a: acini; cap: capillary; art: arteriole; ven: venule

endocrine microenvironment. These are characterized by a fusiform/pyriform/triangular cell body with 2 to 3 (most common; 88%), extremely long (20-50-100 μm), thin (less than 0.5 μm), dichotomously branched, cytoplasmic processes (telopods) with a moniliform aspect (many dilatations along), caveoli, and numerous mitochondria (8.7 \pm 0.8% of cytoplasm). Such lengths of cytoplasmic processes are unusual outside the nervous system, which readily differentiates such cells from other interstitial cells, and thus are considered “ultrastructural hallmark” of telocytes. By transmission electron microscopy studies, pancreatic interstitial Cajal like cells/telocytes satisfies majority of the ‘gold standard’ electron microscopic criteria of prototypical interstitial cells of Cajal [61].

Furthermore, these cells on immunohistochemistry studies have also shown strong positive staining with CD117 and CD34 (90-100%), variable (40-50%) positivity for α -SMA and S-100, rarely for CD68 and vimentin, and negative staining for desmin and chromogranin [25, 26].

FUTURE PERSPECTIVE

The exact physiologic function of pancreatic telocytes remains to be fully elucidated. Possible role in

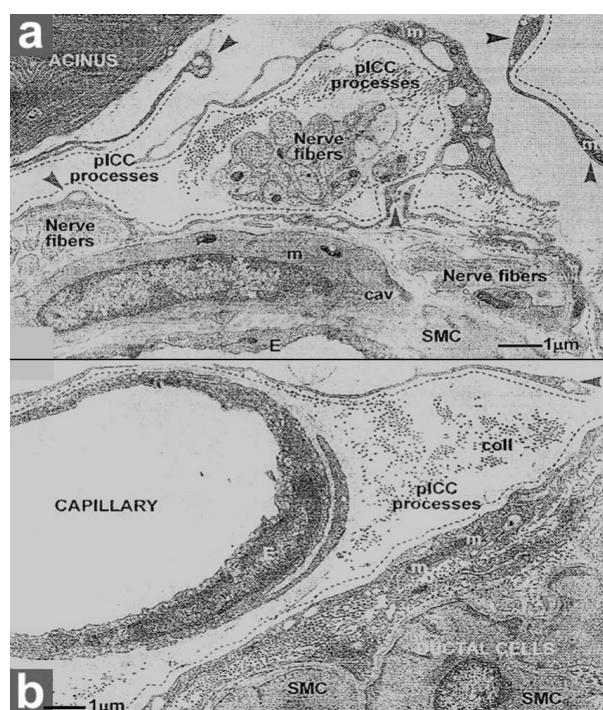


Figure 6. Transmission electron microscopic images from rat exocrine pancreas showing the spatial relationship of the pancreatic interstitial cells of Cajal and their processes with acini, unmyelinated terminal nerve fibers, arteriolar smooth muscle cells (**a**), capillaries or ductal cells (**b**). The cytoplasmic processes of pancreatic interstitial cells of Cajal (black dashed lines) can be easily recognized: very long, thin and with dilatations (“moniliform” aspect), containing mitochondria and other organelles (arrowheads). (Reproduced with permission from Popescu *et al.* [25]).
cav: caveolae; col: collagen; m: mitochondria; E: endothelium; SMC: smooth muscle cells

pancreatic morphogenesis during the embryonic life is suggested. A dynamic interaction with acinar, vascular, or sensorineuronal structures in a paracrine fashion seems plausible. Close association and interaction with pancreatic stellate cells in a juxtacrine fashion may be another mechanism leading to abnormal matrix deposition in pancreatic fibrosis. Though the pacemaker function in the exocrine pancreas is largely unknown, recent studies have also suggested the contrary [16, 25, 26, 27, 28]. Recent studies have also found that telocytes share the expression of several markers with GISTs and perivascular epithelioid cell tumors such as Melan A, CD117, CD63, CD34, SMA, S-100, and vascular endothelial growth factor (VEGF), thus suggesting a common histogenetic origin for these two group of tumors [62]. Possible role in pancreatic β -cell development and function has also been suggested by researchers [63].

Studies involving the utility of DOG-1 (specific biomarker of GIST) in normal pancreas have been contradictory as well as incomplete. DOG-1 expression in pEGIST has been described by Babu *et al.* [47]. In one study [64], the normal pancreatic tissues showed a distinct positivity confined to the endocrine component close to insulin secreting β -cells. The location and

pattern of DOG-1 expression (granular positivity) in pancreatic islets was similar to neuroendocrine markers like chromogranin A, PGP9.5, and synaptophysin. DOG-1 positivity in fetal and adult pancreatic islets suggests the strong antibody affinity for neuroendocrine cells. Another study [65], showed DOG-1 positivity in the centroacinar cells (exocrine component) and in solid cystic pseudopapillary neoplasms of the pancreas, thus suggesting a novel histogenetic relationship. Therefore, utility of DOG-1 as a GIST marker in pancreas has to be confirmed by large number of prospective studies dealing with neuroendocrine tumors, solid cystic pseudopapillary neoplasms, and CD117 positive stromal tumors.

Mutation in c-KIT exons 11 (most common), 9 (second most common), 13, 17, and PDGFR- α mutations in exons 12, 14, 18 are responsible for GIST carcinogenesis. Mutations in exon 9 and 13 are associated with poorer clinical outcome with more aggressive metastatic behavior. GISTs with missense mutation at exon 11 behave favorably in gastric but not in small intestinal tumors [4]. The molecular biology of pEGIST has been partially elucidated in only two cases [32, 40]. Daum *et al.* [32] demonstrated, for the first time, deletion of six base pairs in exon 11 of c-KIT

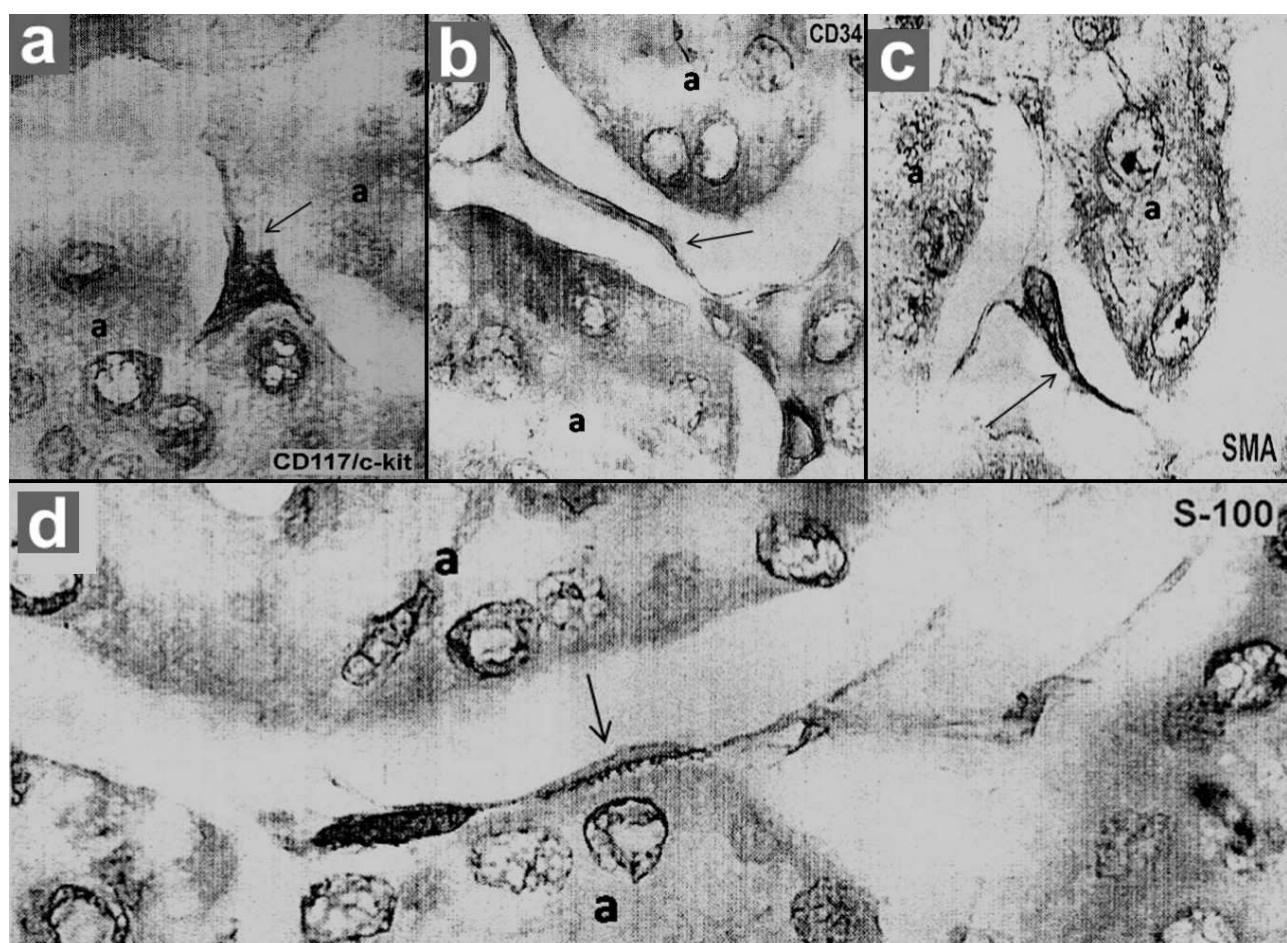


Figure 7. Human exocrine pancreas, immunostained for CD117/c-KIT (a.), CD34 (b.), smooth muscle actin (SMA) (c.), and S-100 (d.), counterstained with Mayer's hematoxylin. Arrows indicate the immunoreactive localization of c-KIT, CD34, SMA, and S-100 positive interstitial cells. (Original magnification, 100x). (Reproduced with permission from Popescu *et al.* [25]).

gene in their case with a favorable outcome, whereas the case reported by Saif *et al.* [40] exhibited DNA polymorphism of L862L in exon 18 of c-KIT gene in another which presented with hepatic metastasis. In rest of the cases, genetic testing was not done.

CONCLUSION

With the discovery and characterization of pancreatic telocytes, the origin of stromal tumors reminiscent of GIST seems a real possibility. Though biologically heterogeneous, majority have been amenable to surgical resection, thus conferring a favorable prognosis. Although rare, pEGISTS should be considered as a differential diagnosis of stromal neoplasm in the pancreas. Analysis of a large number of such tumors with genetic analysis of c-KIT proto-oncogene will probably throw more light on their true nature and biology.

Acknowledgement The authors sincerely acknowledge the immense help and support extended by none other than Dr Laurentiu M Popescu (Honourable Editor-in-Chief, Journal of Cellular and Molecular Medicine), and his co-workers from the Department of Cellular and Molecular Medicine, "Carol Davila" University of Medicine and Pharmacy, and "Victor Babes" National Institute of Pathology, Bucharest, Romania, and Dr Gianni Bussolati from the Department of Biomedical Sciences and Human Oncology, University of Turin, Turin, Italy for enlightening us with pancreatic interstitial Cajal like cells, telocytes, and allowing to use some of the photographs in this manuscript. The authors are also thankful to Dr Nateshan Bhumika, formerly Assistant Professor, Department of Community and Family Medicine, Pondicherry Institute of Medical Sciences, Puducherry, India for the statistical assistance

Conflict of interest Nil

Financial support Nil

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