Solid Serous Microcystic Tumor of the Pancreas

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Dear Sir:

it is known that pancreatic serous cystic tumors are uncommon pancreatic tumors. Grossly, they are more frequently microcystic or oligocystic [1]. The solid form is rarely described in literature. To our knowledge, only four cases of solid serous neoplasms have been described [2, 3, 4, 5] (Table 1). Herein, we present the fifth case of solid serous cystic neoplasm of the pancreas. She was a 59-year-old woman who was admitted at our institute for abdominal pain in the upper right quadrant. Her past medical history was not significant. Laboratory tests, including pancreatic tumor markers, were normal (CEA: 1.40 ng/mL, reference range: 0-7 ng/mL; CA 19-9: less than 6 U/mL reference range: 0-37 U/L). Abdominal ultrasonography showed a well circumscribed hypoechoic mass, 4 cm in diameter, in the tail of the pancreas. A CT scan confirmed the presence of a well defined solid mass in the tail of the pancreas, contiguous with the splenic vein. The mass showed marked contrast-enhancement in the early phase, it was disomogeneous with an hyperdense capsule (Figure 1). Preoperatively, diagnosis of solid mass of the tail of the pancreas was made. The differential diagnosis included pancreatic neuroendocrine tumor, solid pseudopapillary tumor and metastatic carcinoma. The diagnosis of ductal adenocarcinoma was not considered because this tumor does not show contrast-enhancement in the early phase and it does not present tumor capsule. The patient underwent surgery and a distal pancreatectomy with splenectomy was performed. Postoperative course was uneventful and the patient was discharged on postoperative day 12.

On gross examination the resection specimen showed a solid, well circumscribed, encapsulate mass, 4 cm in diameter, of the pancreatic tail. The cut surface of the tumor contained a thick fibrous band without necrosis or hemorrhage (Figure 2).

Table 1. Literature review of solid serous microcystic adenoma of the pancreas (the present case is also shown).

<table>
<thead>
<tr>
<th>Author/Year</th>
<th>Age</th>
<th>Sex</th>
<th>Symptoms</th>
<th>Location</th>
<th>Enhancement</th>
<th>Size</th>
<th>Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perez-Ordonez, 1996 [5]</td>
<td>70 years</td>
<td>Female</td>
<td>Abdominal pain</td>
<td>Tail</td>
<td>Not mentioned</td>
<td>4 cm</td>
<td>LP and splenectomy</td>
</tr>
<tr>
<td>Kosmahl, 2004 [6]</td>
<td>50 years</td>
<td>Male</td>
<td>None</td>
<td>Head</td>
<td>Not mentioned</td>
<td>2.5 cm</td>
<td>PPPD</td>
</tr>
<tr>
<td>Reese, 2006 [7]</td>
<td>69 years</td>
<td>Male</td>
<td>None</td>
<td>Head/body</td>
<td>Yes</td>
<td>4 cm</td>
<td>PPPD</td>
</tr>
<tr>
<td>Stern, 2007 [8]</td>
<td>62 years</td>
<td>Male</td>
<td>Abdominal pain</td>
<td>Head/body</td>
<td>Not mentioned</td>
<td>4 cm</td>
<td>LP and splenectomy</td>
</tr>
<tr>
<td>Present case</td>
<td>59 years</td>
<td>Female</td>
<td>Abdominal pain</td>
<td>Body</td>
<td>Not mentioned</td>
<td>4 cm</td>
<td>LP and splenectomy</td>
</tr>
</tbody>
</table>

LP: left pancreatectomy
PPPD: pylorus preserving pancreaticoduodenectomy
surrounding pancreatic parenchyma was normal and surgical margins were negative. Histologically, on hematoxylin-eosin stain, the architecture of the mass was solid with cell arranged in nest and small acini, separated by thick, hypocellular fibrous bands. Small cystic areas were seen microscopically (Figure 3). The tumor was formed by a homogeneous population of polygonal cell with central, small round nuclei and well defined cell borders. These cells also contained abundant clear cytoplasm which was PAS-positive and diastase-sensitive suggesting the presence of glycogen. No pleomorphism or mitotic activity was identified. Immunohistochemically the cells showed positive staining for cytokeratin. Histochemical and immunohistochemical features allowed diagnosis of solid serous microcystic adenoma of the pancreas.

Six months after surgery the patient is alive, well and disease free.

Solid serous microcystic adenoma of the pancreas is a very rare tumor. Usually solid tumors of the pancreas are ductal adenocarcinoma or neuroendocrine tumors. Thus the main problem of a solid serous microcystic adenoma of the pancreas is the diagnosis and, subsequently, the proper treatment.

Regarding the diagnosis, preoperatively the tumor appears as a solid mass: its morphological characteristics (well circumscribed, encapsulate mass, 4 cm in diameter without vascular involvement) are different from the radiological findings of the ductal adenocarcinoma but are similar to neuroendocrine tumor, solid pseudopapillary tumor and metastatic carcinoma. In particular abdominal CT scan shows some similar important features among these tumors as well as the marked contrast-enhancement in the early phase and the presence of an hyperdense capsule. Pathological diagnosis is very difficult, too. The solid serous microcystic adenoma of the pancreas presents some pathological characteristics that have to be recognized. On hematoxylin-eosin stain, it is very important to recognize the architecture of the mass, in particular the presence of solid areas and small cystic areas, and the characteristics of the cells that are polygonal with central, small round nuclei, clear cytoplasm glycogen-rich. Immunohistochemical examination shows positive staining for cytokeratin.

Surgery is the treatment of choice in every patient with a solid pancreatic tumor, in the solid serous microcystic adenoma of the pancreas, too. First because is not possible to
distinguish surely between a solid mass with benign or borderline or low grade malignant behavior. Second, as in our case, because symptoms are often present. The type of surgical approach have to be more conservative than in malignant tumor: lymphadenectomy is not necessary and a laparoscopic approach could be performed. In the 4 cases reported from the literature, all were treated with pancreatic resections (two pancreaticoduodenectomy and two distal pancreatectomies with splenectomy) as well as in our case.

In conclusion the case described is the fifth case of solid serous microcystic adenoma of the pancreas: radiological and pathological findings are reported to well know this type of cystic tumor and to allow a proper surgical treatment.

Conflict of interest The authors have no potential conflicts of interest

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References

Figure 3. Microscopic examination. The architecture of the mass is solid with cells arranged in small acini, separated by thick, hypocellular fibrous band. Small cystic areas are present. The tumor cells have polygonal or cuboidal shape with clear cytoplasm and well-defined cell margins. The nuclei are small, uniform and centrally located. No pleomorphism or mitotic activity are detected. (Hematoxylin-eosin stain, x20)